

Suggested Textbooks for MBBS First and Second Year (2080)

Karnali Academy of Health Sciences, Jumla

Subject	Text Book and Reference book with Publication Details
Anatomy	<p>A. Gross Anatomy</p> <ul style="list-style-type: none"> Textbook of General Anatomy, Latest Edition by V Subhadra Devi, Jaypee Publication Textbook of Anatomy: By Vishram Singh (Vol: 1, 2, 3) Updated Edition. Elsevier Health Sciences Moore's Clinically Oriented Anatomy (Lippincott Connect) Ninth, Edition by Arthur F. Dalley II PhD FAAA, Anne M. R. Agur BSc (OT) MSc PhD FAAA. Snell's Clinical Anatomy by Regions 10th Edition, by Dr. Lawrence E. Wineski PhD BD Chaurasia's Human Anatomy, 9th Edition 2023 Set of (Volume 1, 2, 3,4) <p>B. Neuro-Anatomy</p> <ul style="list-style-type: none"> Clinical neuroanatomy for medical students. Snell RS. 2001 Sep 20. Textbook of Clinical Neuroanatomy. Singh V. Elsevier Health Sciences; 2020 Sep 1.3. Neuro-Anatomy by Carpenter <p>C. Histology</p> <ul style="list-style-type: none"> Textbook of Histology. By GP Pal. Paras Medical Publisher; 5th edition (January 1, 2019) Inderbir Singh's Textbook of Human Histology. Pushpalatha K and Deepa Bhat <p>D. Embryology</p> <ul style="list-style-type: none"> TW S. Langman's Medical Embryology. 11 [7] th Ed. Baltimore, Philadelphia. Inderbir Singh's Human Embryology, Latest Edition, Paperback – 2022 Moore KL, Persaud TV, Torchia MG. The developing human-e-book: clinically oriented embryology. Elsevier Health Sciences; 2018 Dec 23. <p>E. Genetics</p> <ul style="list-style-type: none"> Human Genetics, 6e-E-Book. By SD Gangane. Elsevier Health Sciences; 2021 Apr 15. <p>F. Atlas of Human Anatomy</p> <ul style="list-style-type: none"> Atlas of Human Anatomy, 4th Edition (Netter Basic Science) by Frank H. Netter MD Jul 7, 2006 Thieme Atlas of Anatomy. by Michael Schuenke, Erik Schulte, et al. Aug 3, 2020
Anatomy (Practical)	<p>1. Manual of Histology, Mangala Kohli, Reeha Mahajan, Jaypee Publication</p> <p>2. The Practice Manual of Illustrative Anatomy with General Anatomy Smita Kakaranita, Jaypee Publication, Fifth Edition</p> <p>[Every MBBS students must have these two practical manuals.]</p>
Physiology	<ul style="list-style-type: none"> Guyton and Hall Textbook of Medical Physiology (Guyton Physiology) 14th Edition by John E. Hall PhD (Author), Michael E. Hall MD MSc. Understanding Medical Physiology: A Textbook for Medical Students 4th Edition. by M.D. Bijlani, R.L., M.D. Manjunatha, S. Ganong's Review of Medical Physiology, Twenty Sixth Edition 26th Edition
Biochemistry	<ul style="list-style-type: none"> Harper's Illustrated Biochemistry (32nd Edition, 2022) A newer edition, if available, is better. Lippincott Illustrated Reviews: Biochemistry (8th Edition, 2021) A newer edition, if available, is better. Biochemistry (U. Sathyanarayana & U. Chakrapani) (6th Edition, 2021) A

Suggested Textbooks for MBBS First and Second Year (2080)

Karnali Academy of Health Sciences, Jumla

	<ul style="list-style-type: none">newer edition, if available, is better.Textbook of Biochemistry for Medical Students by DM Vasudevan (10th Edition, 2023) A newer edition, if available, is better.
Pathology	<ul style="list-style-type: none">Robbins & Cotran Pathologic Basis of Disease (Robbins Pathology) by Vinay Kumar MBBS MD FRCPath, Abul K. Abbas MBBS, Jon C. AsterTextbook of Pathology, Pathology Quick Review Latest Edition by Harsh Mohan
Microbiology	<ul style="list-style-type: none">1. General Microbiology:<ul style="list-style-type: none">Ananthanarayan & Paniker's, Textbook of Microbiology 12th/eMackie and McCartney Practical Medical Microbiology 14th/e2. Diagnostic Microbiology:<ul style="list-style-type: none">Koneman's Color Atlas and Textbook of Diagnostic Microbiology 17th/eEssentials of Medical Microbiology by Apurba S Sastry and Sandhya Bhat 4th/e3. Immunology:<ul style="list-style-type: none">LANGE, Review of Medical Microbiology and Immunology, 17th/eEssentials of Immunology by Dr. S K Gupta 2nd/e4. Virology:<ul style="list-style-type: none">Principles of Virology by JANE FLINT 5th/eClinical Virology (ASM Books) by Richman, Douglas D. 4th/e5. Mycology and Parasitology:<ul style="list-style-type: none">Textbook of Medical Mycology by Jagdish Chandra 4th/ePaniker's, Textbook of Medical Parasitology 9th/eEssentials of Medical Parasitology by Apurba S Sastry and Sandhya Bhat 2nd/e6. Infection Control:<ul style="list-style-type: none">Essentials of Hospital Infection Control by Apurba S SastryThese books collectively form a well-rounded set, Covering diverse aspects of Microbiology and relevant to all.
Pharmacology	<ul style="list-style-type: none">Essentials of Medical Pharmacology Kindle Edition by KD TripathiLippincott Illustrated Reviews: Pharmacology (Lippincott Illustrated Reviews Series) Latest Edition by Karen Whalen PharmD BCPS (Author)
Community Health Sciences	<ul style="list-style-type: none">Park's Textbook of Preventive and Social Medicine, Latest Edition – January 1, 2021Community Medicine with Recent Advances [Print Replica] Kindle Edition by AH Suryakantha
<p>Note: It is better to read more books rather than depending on one textbook only. As the information of medical knowledge is ever changing, we suggest you to buy latest edition available as far as possible.</p>	
<p style="text-align: right;">– Dr. Kapil Amgain MBBS Program Coordinator Karnali Academy of Health Sciences, Jumla</p>	